

COLD WEATHER

Keep yourself safe

RECOGNIZE THE EARLY SYMPTOMS OF HYPOTHERMIA



Shivering



Fatigue



Loss of Coordination



Confusion & Disorientation

DRESS FOR THE COLD



Wear several layers of loose-fitting, light clothing



Wear a hat and non-skid shoes



Change out of wet clothes ASAP

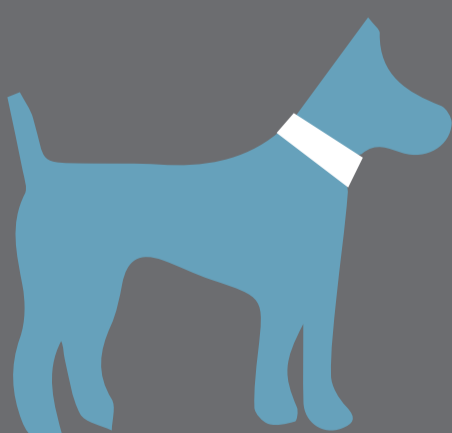
WORKING OUTSIDE



Avoid shoveling snow if you have a medical condition



Pace yourself while shoveling and take breaks



Keep the area clear of pets and people while using a snowblower



Never leave a snowblower unattended